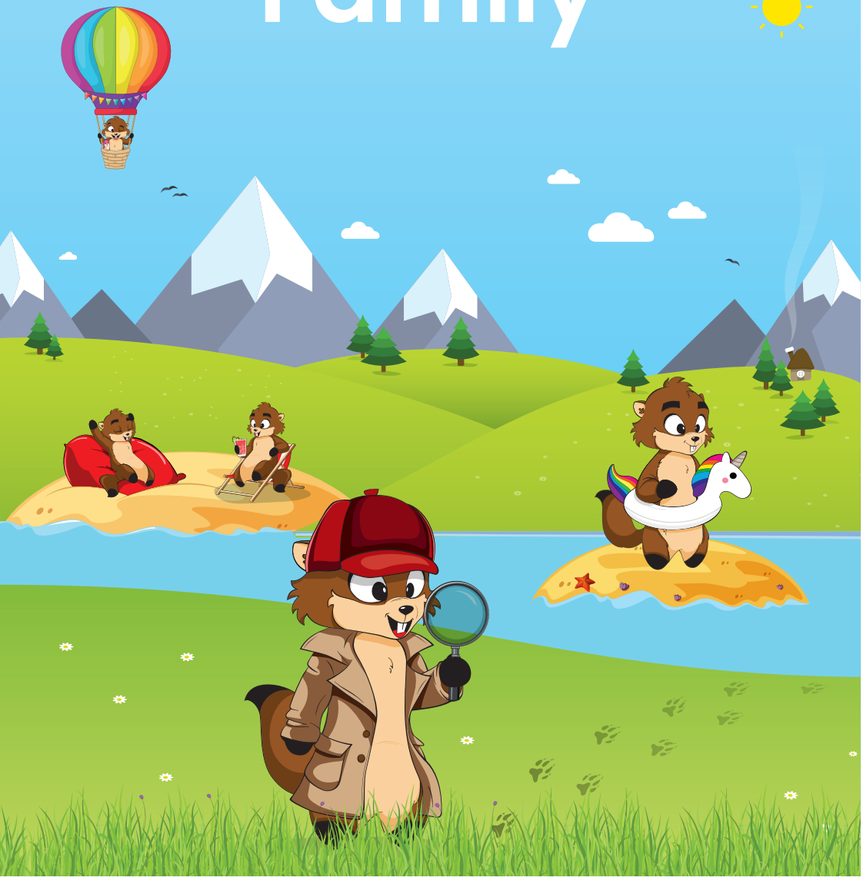
ENGLISH

Family



MEMBER OF THE CLASSIC MOUNTAIN RESORTS BEST OF THE ALPS

CRANS MONTANA
Absolutely

www.crans-montana.ch/en/kids

MAMMUT SWISS 1862

Camps

Camps and summer courses

A wide variety of one-day and multi-day summer camps offering countless original and fun sports and activities.

www.crans-montana.ch/en/camps_courses

Golf-Club Crans-sur-Sierre – Happy Golf s'COOL

The Academy organises fun courses to try golf, learn to hold your club, play your first golf swing etc... **Age:** 5 to 14 years. **Dates:** between 14.07 and 15.08.

www.golfcrans.ch/en

Foot Lab – Football training camps

Crans-Montana is home to one of the best youth football camps in Europe, training girls and boys. **Age:** 8 to 15 years. **Dates:** one-week camp, between 30.06 and 01.08.

www.foot-lab.com

Swiss Mountain Sports – Bike school and multi-sports

Professional instructors offer camps with or activities for a week, a day or just a half-day on 3 main themes: multi-sport, Freeride mountain biking or Full Downhill. **Age:** 3 to 16 years. **Dates:** activities, all summer. Camps, between 30.06 and 14.09.

www.sms04.ch

Equi-El Stable – Riding camps

For all levels, to improve or try riding for the first time. On the programme: riding lessons, pony treks, acrobatics, foot-work and other activities. **Age:** 6 upwards. **Dates:** from 30.06 to 22.08, 09.00 – 17.00.

www.equi-el.ch

ESS Crans-Montana – Camps and Bike school

ESS Crans-Montana offers a variety of activities for a morning up to several days, including mountain biking, wakeboarding, treetop adventures, explore the mountains, farm visits and creative workshops. **Age:** 3 to 16 years. **Dates:** from 30.06 to 22.08.

www.esscrans-montana.ch/en

Crans Montana Sports Center – Multisports course, tennis or climbing

Padel, climbing, badminton, pickleball, table tennis, beach volleyball and other outdoor activities, or intensive tennis lessons, or half-day climbing lessons: there are lots of possibilities at the Moubra. **Age: 6** to 17 years. **Dates:** Monday to Friday between 30.06 and 15.08, 10.00 to 16.00.

www.cmsc.ch/en

A great plan

My Explorer Card
14 June to 26 October 2025

MY EXPLORER CARD

The card with real advantages for families

The Crans-Montana guest card is your best partner for a pleasant stay and is good for your wallet too. For stays of one night or more in Crans-Montana, every guest receives a *My Explorer Card,* which gives them access to lots of free benefits: swimming pool, minigolf, pedalos, WaterGames, indoor ice-skating and even the ski lifts between 14 June and 4 July and from 8 September to 26 October. The climbing hall and the ski lifts (between 5 July and 7 September) are offered at preferential rates.

www.crans-montana.ch/en/explorercard

Not to be missed

Am Stram Gram *FREE*
10 to 13 July 2025

am stram gram

The family favourite festival in the mountains

Have fun with all the family at this festival where everything is designed for children. Different worlds where they can do what grown-ups do, amazing circus acts, theatre to make you laugh, workshops for you to create things, outdoor games and much much more, all with magnificent views and in the fresh mountain air... Am Stram Gram is a festival you shouldn't miss this summer if you want to experience unforgettable moments together!

www.am-stram-gram.ch/en

Jardins d'Ycoor

Family activity zone.
Opening depends on weather conditions.

1 La Maison de Bibi — FREE

Family activity area: craft projects, reading, games, colouring and building.
From 21.06 to 31.08, every day, 14.30 to 18.30.

1 Bibi Bike — FREE

Course with funny features for bikes without pedals. Open when Bibi's House is open.

1 Table tennis — FREE

Free equipment at Café d'Ycoor.

1 Indoor ice-skating — MEC

Equipment rental at Café d'Ycoor.
From 22.06 to 31.08.

1 Minigolf — MEC

Equipment rental at Café d'Ycoor.
From 04.05 to 26.10.

1 Electric cars

An electric car circuit in the centre of Crans-Montana. 3 years upwards. From 07.06.

1 Fishing — FREE

Free access (for children only) at Ycoor Lake.

1 Inflatable football pitch — NEW — FREE

Synthetic turf.

2 Fun Forest Accrobranch

Accrobranch course in the trees, easy to very difficult routes, for the whole family.
Age 2 upwards.

3 Alaïa Chalet

Large 5,000 m² sports centre with trampolines, indoor ramps, airbags, bowls. Equipment rental available. Wednesday to Sunday.

4 Beach Club — FREE

Beach, beach volleyball, swimming play area, snack bar. | From 23.05 to 17.08, 11.00 to 21.00.

5 Library and Games Library — FREE

Books and games for everyone to borrow (available in 3 different languages).
Tuesday to Saturday.

6 Bike Park — MEC

4 downhill tracks for all levels.
Opening depends on weather conditions.

7 Bowling

Bowling centre with 4 lanes. Children's gates available to play as a family.

8 Bibi's Treasure hunt — FREE

Lead the investigation with Bibi, in an orienteering course through the resort. Every day, information and material available from the Tourist Office (in opening hours).

9 Dwarves' trail

Themed walk around Lake Grenon, accessible with a pram. Information booklet on sale at the Hôtel du Lac.

10 Cinema

Programme at www.cinecran.com.

11 Equi-el Stable

Pony rides or fun treks on Sunday mornings for 2 to 5 year olds.

12 Family Forest Loop — FREE

An agility course circuit with 11 stations to progress in mountain biking at your own pace with friends or parents.

13 Swiss Model Railway Foundation

Historic collection representing 150 years of Swiss railways over 1,300 scale models.

14 Mountain go-karting

Hurtle down the tracks from Arnouva in a mountain cart! From 05.07 to 07.09.

15 Pedalos — MEC

Enjoy a ride on a pedalo on Lake Moubra and on Lake Grenon.
Moubra: From 14.06 to 12.10.
Grenon: From 07.06 to 02.11.

16 Le Sporting swimming pool — MEC

Outdoor swimming pool, children's pool, slide (weather dependent). List of other swimming pools available at the tourist office. From 14.06 to 19.08.

17 Moubra Beach — FREE

Games, outdoor fitness.
Free access (lake not supervised).

18 Pump track — FREE

A modular pumptrack for bikes, mountain bikes, skateboards and scooters.

19 Stand Up Paddle

On Lake Moubra, booking recommended.
From 15.06.

20 Wake Park

Wakeboard, wakeskate, water ski and inflatable rings (age 7 upwards), booking advisable. Opening depends on weather conditions. From 23.05.

21 WaterGames — MEC

Inflatables on the water for jumping, diving and sliding - a children's paradise!
Age 6 upwards, 1m10. From 14.06 to 17.08.

22 Crans Montana Sports Center

Large centre with several areas for lots of different sports:

Badminton: 2 badminton courts.

Climbing: Climbing wall, bouldering area and children's area (age 3 upwards), with an auto-belay area.
Closed on Mondays in low season. — MEC

Padel: 3 Padel courts.

Pickleball: 2 pickleball courts.

Pool: 1 pool table.

Tennis: 2 courts and 6 outdoor courts.

Table tennis: 1 ping-pong table.

Discover even more activities to enjoy

Find the full details, opening times, prices, as well as lots of other workshops on our website.

www.crans-montana.ch/en/kids

Book your activities online

Craft workshops, wood sculpture, walks with animals, cheesemaking and lots of other activities can be easily booked online. You'll find them all here, and you can book directly on our website.

www.crans-montana.ch/shop

23 Children's nursery: Croc'Montagne

The nursery offers children (from 18 months to 6 years) various activities and games supervised by professionals, both indoors and outdoors. Prices and booking:
www.crans-montana.ch/en/nursery

MEC My Explorer Card

1 6 15 16 21 22 A

Free or at special rates with *My Explorer Card* when you stay one night or more in Crans-Montana: **www.crans-montana.ch/en/explorercard**

With a stroller

Find all our stroller-friendly walks on our website.

Tourist office

+41 27 485 04 04
information@crans-montana.ch

Playgrounds