Introduction and perfection in ski touring

165.-

Description

Learn from professionals: Jenny and Florian will teach you the basics or help you perfect your skills in the art of ski touring on the magnificent trails of the Crans-Montana Rando Parc. Immerse yourself in an unforgettable experience in the heart of a magnificent setting, combining spectacular views and high-quality instruction that will allow you to leave with new skills and complete confidence.

On the programme:

Climbing techniques: learning the essential moves. Coordinating your arms and legs, mastering conversions and managing your pace for a smooth and efficient ascent.

Equipment management: everything you need to know about skinning and deskinning, adjustments, maintenance and tips for getting the most out of your equipment.

Essential equipment: advice on what to bring, suitable clothing, safety equipment and useful accessories for a successful outing.

Personalised advice: to help you plan and get the most out of your next hikes.
Analysis of conditions: discover weather and avalanche reference sites to prepare for your independent outings.

Highlights

> An unforgettable experience combining technical learning, safety and fun in the mountains.

Programme / itinerary

Schedule: 9:00 a.m. to 12:00 p.m. / 12:45 p.m. to 3:45 p.m.

Period / validity

Price (CHF)

1 person CHF 305
2 persons CHF 325
3 persons CHF 355
4 persons CHF 378

Included in the price

> Guiding and instruction

Not included in the price

> Ski touring equipment, drinks and snacks

Good to know

> Personal equipment to bring
> Bring a rucksack containing a warm jacket and something to eat and drink.